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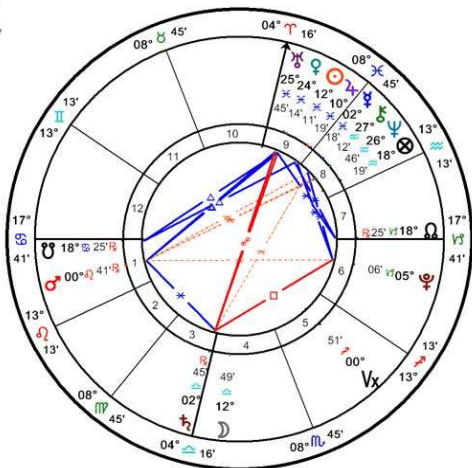
Spiritual Sky-Diving

The March 2010 Forecast

by Terry Lamb

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Chart A. Planetary Cluster
Natal Chart
Mar 2, 2010, Tue
1:22:05 pm PST +8:00
San Diego, California
32°N42'55" 117°W09'23"
Geocentric
Tropical
Porphyry
Mean Node



What now? February was filled with sublime energies of spiritual connection (see the [February forecast](#)), as well as a

zone of discomfort. We know more now — much more. New situations and opportunities are emerging, producing growing pains and a path to (in, of) the light.

Underneath is the continuing process of internal decompression and detoxification on all levels — physical, emotional, mental — so that the spiritual-universal can come through. Much of the personality detox comes to us in the form of thoughts that usually rise up in the mind barely perceptible, to be played over and over again like a looping tape recording. However, now we have access into the depths, and we can, with practice, bring these energies to the forefront and surface of our consciousness, then release them.

Optional But Beneficial

This is an optional exercise and one that has many benefits, even as it can be painful in the release. There are many techniques that can be used to release unwanted thought and feeling energies, but the most important thing to be said about these is that the process involves saying “no” to what we don’t want just as much as it involves saying “yes” to what we do want. To only say yes is to deny what is real within us, even as we understand that the unwanted energies aren’t really a part of us. It would be to deny the eliminative process in consciousness, just as important as it is in our physical body.

Saturn-Pluto Invigorates our Inner Process.

This process is made more accessible to us right now because of Saturn’s square to Pluto, but it is enhanced by the Chiron-Neptune conjunction (Healing the Great Wound). It is also augmented by Mars’s retrograde.

Pluto is the planet of transformation. It takes us into the depths of the unconscious mind, the Underworld of ancient myth. Transformation occurs on the subtle level — steady and usually imperceptible, until one day it emerges from the deep and sweeps us up into a new form.

Saturn is the planet of structure and definition. Definition has its pluses and minuses. When we define something we can make use of it in the realms of substance, but we also place limitations on it. Saturn's process is an integral part of living in a physical reality. (Pluto's not so much — or so obviously.) When we define ourselves, we set boundaries and find our own limits (again, a good thing when it allows us to focus — a not-so-good thing when we interpret our limits as a separation from others).

When we encounter Saturn's process in our lives, we tend to feel more separated from others (an optional illusion), and we discover what we need to say “no” to. Out of the many choices that life offers, we may discover that some of them do not lead us to our center, are not paths to our unique expression of self. Saturn helps us say no to them, by fiat therefore saying yes to what is left.

The Perception of Separation Leads to Fear.

Feelings of separation give rise to fear, a common experience under Saturn's influence. When we feel separate, we feel vulnerable because humans are interdependent. (We are One.) Pluto takes us into the depths of our unconscious, to feel whatever is there. It is not automatically true that the unconscious carries negative energies, and only those. It does carry all the emotions and experiences that we have buried, including those associated with our core wound. Regardless of who we are and how it appears on the surface, our core wound is based on one misbelief, one misinterpretation — that we are separate from each other rather than part of One consciousness. The unconscious can be cleared of negativity and healed of this untruth, and as we learn in the Tarot (the Lovers card), the cleared unconscious mind is the vessel for the experience of universal consciousness.

This means, ultimately, that the plunges into the depths of our consciousness do not reflexively, inevitably bring up fear — eventually (each time) we uncover the light (at the end of the tunnel). Saturn-Pluto fosters this journey, giving us the key that unlocks the door of the Underworld and access to the messages that crowd our mind and block our progress. The journey is like a wave pattern. It takes us into and out of the Underworld in a cycle that peaks weekly, as the Moon makes contact with these bodies. This is always in the context of whatever else is going on with the planets, and it is focused through the lens of our choices, perceptions, and experiences.

Deep Days

I call these peaks “deep days”. It is not that we are bound to experience difficulty and fear during those times, but that we are taken deeply into our core. This visit can be difficult if we fight it or don't know how to work with it, but it is always rich with the meaning of what your consciousness wants to experience, whether it be release so it can get on with fulfilling its true path, or pure light.

This month the deep days come on Monday-Tuesdays March 1-2 (overnight), 8, 16, 23, and 28. Each time, we get a new take on our core issue and how it expresses in our lives. If we do lots of work on ourselves and we clear each issue rapidly, it takes a different form each week and our life transforms just as quickly. If we are less practiced at clearing or avoid the depths, it takes longer and we have repeated experiences. Regardless, the issues follow a common theme (as

found in your birth chart) but will spray outward in an array of thoughts and feelings that eventually leads you through every misunderstanding found in your consciousness.

Curbing the Ego

Mars retrograde comes into the picture because Mars represents our management of the ego. The ego is everything that masks the true self and prevents us from experiencing oneness with all. It keeps us alive as separate physical beings (a good thing), but it also reinforces the perception that we are separate (also necessary for survival on one level). When Mars turns retrograde (backward) as it did on December 20, our ego manifestations were moved into the foreground of our consciousness through various means. This has made it even easier to do our self-work (or harder to avoid it for those who would normally do so). We could say that Mars retrograde made some of our usual behaviors stand out as unhelpful (at the least!). Underneath those behaviors are misperceptions about how life works. This is fodder for Saturn-Pluto as this pattern dredges up the gunk in our being.

What It Feels Like

On the other side of the release work is the light and joy of universality, a wave of creative energy — the Creative Force of the universe — that will carry us. We must dive off the cliff of old consciousness, and then find that we can indeed fly as the thermals of the Creative wind lift us into the stratosphere. This is spiritual sky-diving, the process by which we can live the radiant life we are meant to have.

Our hesitation at going into the process has to do with our need for safety, which makes us adhere to conditions familiar to us from our earliest experiences rather than be open to the unknown. However, we need to turn this perspective on its head: What feels safe is frequently only familiar but not really safe; what is safe feels confining because we're afraid of being trapped in what are those unsafe conditions of early childhood.

When we take the plunge in the unconscious, we are sure we are going into free fall, but we will be picked up by the Creative Wave and experience liberation from a burden as we free ourselves from energies that are not part of the true self.

Timing of the Process

This process of deep release began in November and continues through August (lucky us!). During that time, Saturn and Pluto have three contacts with each other (November 15, January 30, August 21), which produce overall crescendos of release and upliftment. By the third contact, we have had a chance to learn how to manage their energies, release all that we can — three's the charm! (Thanks to James Baker for this use of the expression.)

How to Release Unwanted Thoughts and Feelings

There are many ways to release unwanted energies, and the best ways work on the energetic level — meet energy with energy. For thoughts and feelings, two means of release that I have found to be successful are EFT/EFA (emotional release technique/emotional first aid), and the I Ching Oracle of the Cosmic Way (contact me for the class I will be teaching on this technique). In each technique, the old thoughts and feelings are starved of chi (energy) and can only die, leaving

space for the thoughts and feelings we want to foster. There are many other release techniques available, but these are thorough, effective, and quick.

March: Coming Up from the Depths

The biggest deal of March is Mars's return to forward motion, which occurs on the 10th. If you have this strange feeling that you're "nearly there", this is why. We're clearer, ready to launch into the next 21 months, to see how well we can manage our ego energies in life's next great adventure. New perceptions have led to new circumstances, new romances, new joys, new paths.

It takes Mars plenty of time to return to its usual speed, and while it stations it hooks up with several planets in early degrees. The first is a harmonious sextile to Saturn, giving us the opportunity to build something with our new wisdom. Venus also trines Mars to sweeten our relationships and impel us forward into satisfying our dreams and desires. Mercury hooks up with Jupiter in Pisces to boost our creativity in fulfilling our vision of the ever-unfolding present moment.

The final of a series of disquieting yods (most in February) forms early in the month but does not last. The ambiguity we experience then begins to resolve itself as the planets (Venus, Mercury, Sun) enter Aries to bring defining action in our lives. We'll be visiting the deep realms with added insights as they each encounter Saturn and Pluto in their turn March 9–25. Venus's turn with them will highlight our emotional truths, while Mercury will bring out more unhelpful thoughts for clearing. The Sun beams its light into the Underworld, blasting open the doors of awareness and ferreting out any forms that are hiding in the shadows.

These contacts open doorways to changes that follow the transformation of consciousness. It takes time for physical reality to catch up with inner changes, and we will see events of this month feed our culminations in late June, our dilemmas in late July-early August, and our fulfillments in September. It is relieving to experience events to which we respond with focused action, but this also defines which way(s) we are not going and so establishes limits (on potential). This in turn permits us to move ahead on a single path and create desired results. Limits can be good.

Uranus Puts the Spotlight on Awakening.

We'll encounter elements of the unexpected, awakening us to hidden aspects of our true nature at mid-month as the planets cluster around Uranus. This occurs on the New Moon, again (as in February) seeding our consciousness with new awareness that will grow with the Moon. To get an idea of how this will work, think back on what you experienced after the New Moon on February 13. Events of the Full Moon on February 28 will feed into this month's experiences and seed our growth in manifesting our true self over the coming year. Key dates in Uranus's yearly cycle include February 28, March 17, June 21, July 5, September 21, and December 5.

Crossroads

We might feel like we are at a crossroads on the 21st–26th as Venus and Mercury square the Nodes. What arises may not be resolved until we get to a greater purity of awareness when the Sun reaches the nodes on April 6. This situation will also tie into what was developing in our

lives as the eclipses occurred on December 31 and January 14.

The Full Moon on the 29th is power-packed, as a planetary picture forms focalizing Saturn's and Moon's energy on Pluto. (See Chart B.) Watch for dynamic change on this Full Moon, drawing on the enchantment of the New Moon and illustrating how far we've come in our growth process since last November.

The Planets Continue to Cluster.

Once again, the planets are clustered as March opens, but they are starting to spread as the month ripens. (See Chart A.) This will be reflected in our lives as more action, more "feedback" from the world around us as we branch out and express ourselves in less instinctual ways, trying out our new understandings on the world.

March In Depth

March 1-6

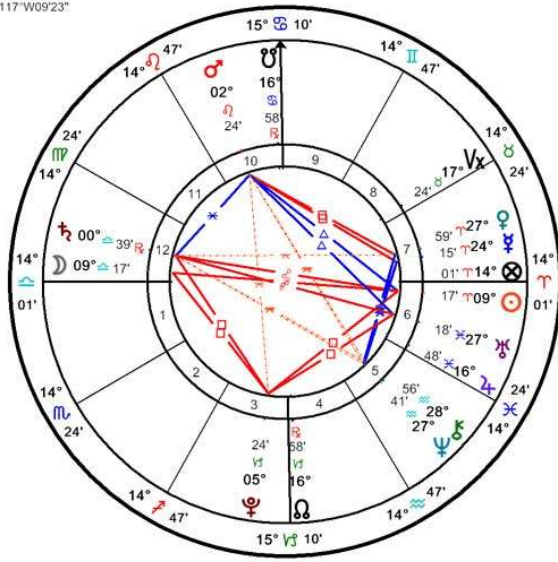
February 28's Full Moon is still very much a factor today as the Moon finishes its stay in its Full sign of Virgo. Some things are left incomplete, even though we felt like they could be fulfilled — it's just so clear and simple what (the other person) should do. The air crackles as Uranus remains activated, and this is what is stretching things out. We have to go deeper, reach further inside to find the right answers. This is especially true in relationships, as Venus is moving toward its conjunction with Uranus until the 3rd. It's not over until it's over though, and that happens on the 5th after the Moon brings these energies to find a harmonious home in our lives.

Once Mercury enters Pisces on the 1st, it connects with Mars and Saturn to form the yod mentioned above. (See Chart A.) Our lives will seem laced with ambiguity on some level now, but this is better than the response we'd get if we pushed matters. More clarity comes starting on the 3rd. A Deep Day bridges the hours between the evening of the 1st and morning of the 2nd.

March 7-12

The dynamics of life ramp up as Venus enters Aries and opens the door to contact with Saturn and Pluto. First, it makes a mellifluous trine to Mars at a near standstill, for harmonizing relationship vibes. Then it takes us into the depths of our shadow world starting on the 8th, focusing on relationships and finances (Venus's issues). Mercury reaches Jupiter at the same time, giving us a chance to apply wisdom and the knowledge of past experiences. The Moon triggers a Deep Day when she connects them all on the 8th, just as Venus and Saturn reach their opposition. This creates a sharper awareness of the work we have before us when it comes to building the life we want in these areas. When Venus reaches Pluto on the 11th, we know all the internal dynamics involved, and our transformative process intensifies. This feeling continues through Friday (the 12th).

Chart B. Full Moon
 Natal Chart
 Mar 29 2010, Mon
 7:25 pm PDT +7:00
 San Diego, California
 32°N42'55" 117°W09'23"
 Geocentric
 Tropical
 Porphyry
 Mean Node



March 13–16

The planets cluster once again in late Pisces, as the Sun conjoins Mercury then Uranus as the Moon reaches them all to bring the New Moon. This tight bundle in Pisces lifts us into the clouds once again, but with no other planets to give us instant perspective, we will have to see what it all means as the coming month unfolds. One thing is for sure, with Uranus involved an element of the unexpected is sure to be a piece of the puzzle. With Mercury there, the temptation is to rely on logic or go into the mind and try to figure things out — with Pisces and Uranus involved, this is not likely to work. We get a Deep Day on the 8th, reinforcing last week’s growth process. A Deep Day occurs on the 16th.

March 17–20

Mercury enters Aries on the 17th to repeat the pattern of contacts that Venus made last week, but with a less emotional, more mental slant. First comes the trine to Mars, where thought spurs action. We may rue the decisions we’ve made though, once we descend to the depths of our consciousness and discover hidden factors that have motivated us. Peak moments come as Mercury opposes Saturn on the 17th-18th and Pluto on the 19th-20th.

March 20–26

The Sun enters Aries at 10:32 am on the 20th to signal the start of spring. Following Venus’s and Mercury’s lead, our great luminary then trines Mars to smooth the way for completion of our Mars processes so we can get on with life. The Sun’s opposition to Saturn comes on the 21st, heralding the halfway point in Saturn’s yearly cycle. We get the full picture of what we’re learning during this year, which started in mid-September. This also gives us a clearer picture of what we need to do to complete the cycle and learn what we need to know — if we haven’t already figured it out. The Sun’s square to Pluto arrives on the 25th, taking us to new depths of self-understanding and pointing to what we need to transform over the next 9 months of the Pluto cycle.

March 27-28

We get a couple of days to revisit events on last month as the Moon opposes Jupiter and Uranus. This also grants insight into the coming Jupiter-Uranus conjunction, which we got our first clues about on last month’s Full Moon. Watch again on these two days for the thread of a story that ties these time frames together.

March 29–30

The Full Moon on the 29th is felt starting on the 28th as Moon enters Libra, forming a T-square pattern. This Full Moon carries considerable tension as the Moon energy reaches its peak on another Deep Day.

March 31

Venus entering Taurus initiates a new energy pattern that grounds us and expresses itself as beauty. A quincunx to Saturn reminds us that there are unresolved (and currently unresolvable) relationship and financial matters, but waiting will bring good results.

★★★★★★★★★★

March sustains our efforts in fulfilling known internal factors in our lives that have been significant since November. As the barriers to progress clear, we begin to manifest these factors into our external lives. March gives us many clues as to their direction and potential as events unfold in magical ways.

Significant Planetary Events

Mars and Saturn are retrograde. Jupiter is in rulership. Venus and Saturn are in exaltation.

Mercury enters Pisces (detriment and fall)	0°00' Pisces	March 1
Mercury quincunxes Mars	0°46' Pisces/Leo	March 2
Mercury quincunxes Saturn Rx	2°44' Pisces/Libra	March 2
Venus conjoins Uranus	25°50' Pisces	March 3
Mercury sextiles Pluto	5°07' Pisces/Capricorn	March 4
Venus enters Aries (detriment)	0°00' Aries	March 7
Venus trines Mars Rx (stationary direct)	0°21' Aries/Leo	March 7
Mercury conjoins Jupiter	11°35' Pisces	March 7
Venus opposes Saturn Rx	2°16' Aries/Libra	March 9
Mars returns to forward motion (Stationary Direct - SD)	0°18' Leo	March 10
Venus squares Pluto	51°14' Aries/Capricorn	March 11

Mercury conjoins Sun	23°51' Pisces	March 14
New Moon	25°10' Pisces	March 15
Mercury conjoins Uranus	26°30' Pisces	March 15
Sun conjoins Uranus (New yearly Uranus cycle begins)	26°34' Pisces	March 16
Mercury enters Aries	0°00' Aries	March 17
Mercury trines Mars	0°37' Aries/Leo	March 17
Mercury opposes Saturn Rx	1°34' Aries/Libra	March 18
Mercury squares Pluto	5°20' Aries/Capricorn	March 20
Sun enters Aries (exaltation)/ Vernal Equinox	0°00' Aries	March 20
Venus squares the Moon's Nodes (transiting eclipse points)	17°25' Aries/Cancer- Capricorn	March 21
Sun trines Mars	1°01' Aries/Leo	March 21
Sun opposes Saturn Rx	1°17' Aries/Libra	March 21
Mars sextiles Saturn Rx	1°12' Leo/Libra	March 22
Sun squares Pluto	5°23' Aries/Capricorn	March 25
Mercury squares the Moon's Nodes (transiting eclipse points)	17°10' Aries/Cancer- Capricorn	March 26
Venus sextiles Neptune	27°41' Aries/Aquarius	March 29
Full Moon	9°17' Aries/Libra	March 29
Venus sextiles Chiron	28°59' Aries/Aquarius	March 30
Venus enters Taurus (rulership)	0°00' Taurus	March 31
Venus quincunxes Saturn Rx	0°30' Taurus/Libra	March 31
Mercury sextiles Neptune	27°45' Aries/Aquarius	March 31

All dates are based on Pacific Time.

Blue = harmonious/Red or orange = challenging/intense/black = neutral

Events in **bold** are more significant.

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